

As part of all the things we are doing to keep pupils and students safe in school we can now use a special test in school to help us find out if people might be carrying the virus.

All the staff in St Dominic's School are having this test done every week.

We are asking anyone in Year 7, 8, 9, 10, 11 or Sixth Form to have a test when they come into school next week.

We might need to ask you to take a test if someone in your bubble becomes poorly.

We have asked your parents whether they are happy for us to help you take a test.

**If you parents have said no we will not ask you to take a test.**

**If you say no we will not make you take a test.**

You carry out the test yourself but there will be staff there to tell you what to do. You won't have to do the test by yourself.

The testing is happening in Phoenix House and you will be told where to go. The staff will be wearing their aprons, masks and visors.

The test is really fast but it might not feel very nice.



Here is what you need to do:

1) Wash your hands



2) Blow your nose



3) Wash your hands again



4) You will be given a plastic stick called a swab



5) You will need to look in a mirror and find your tonsils. You need to rub the cotton wool end of the swab on one of your tonsils. The member of staff supporting you will tell you when to stop.



6) You need to take the same swab and put it up your nose. The member of staff supporting you will tell you when to stop.



7) You then need to give staff the swab and wash your hands again.



8) You will then be told where to wait and whether you can return to class.

9) By taking a test you are helping keep everyone safe.

