



# St Dominic's School

9<sup>th</sup> October – 13<sup>th</sup> October



MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST					Cooked Breakfast
MORNING SNACK	Fruit Buns	Fresh Fruit	Fresh Fruit	Flapjack	Fresh Fruit
LUNCH	Pork Meatballs in a Rich Tomato Sauce  <b>Macaroni Cheese</b>  Croquette Potatoes Jacket Potatoes  Courgette Provençale Minted Peas  Fresh Salad Bar Cajun Chicken	Italian Style Chicken  <b>Quorn Mince and Pasta Bolognese</b>  New Potatoes Jacket Potatoes  Spinach Mixed Vegetables  Fresh Salad Bar Cottage Cheese	Sliced Gammon  <b>Diced Quorn ala King &amp; Rice</b>  Roast Potatoes Jacket Potato  Cauliflower Braised Red Cabbage  Fresh Salad Bar Sliced Ham	Minced Beef Pie  <b>Vegetable and Stilton Pie</b>  Mashed Potatoes Jacket Potato  Sliced Green Beans Mashed Swede  Fresh Salad Bar Tuna Mayo	Breaded Fish  <b>Quorn Sausages</b>  Chips Jacket Potato  Baked Beans Peas  Fresh Salad Bar
DESSERT	Peach Charlotte and Custard  Fresh Fruit Basket  Yoghurt	Jam Tart & Cream  Fresh Fruit Basket  Yoghurt	Plum Pudding and Custard  Fresh Fruit Basket  Yoghurt	Rice Pudding & Jam  Fresh Fruit Basket  Yoghurt	Iced Sponge & Cream  Fresh Fruit Basket  Yoghurt
AFTERNOON SNACK	Fruit Loaf Cake	Savoury Ham Shortbreads	Cornflake Cookies	Bacon & Cheese Muffin	
SUPPER	Meat & Mushroom Pie New Potatoes Vegetables	Beef Burger, Onion & Bun Chips Spaghetti Hoops	Lasagne au Gratin & Garlic Bread	BBQ Chicken Thighs New Potatoes Vegetables	

\*\*\*Menu is subject to change\*\*\* Please email or see Chef Dave if you would like to see anything new on menus or have any Favourites you would like to see on menus.