



St Dominic's School

4th September – 8th September



MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST					Cooked Breakfast
MORNING SNACK		Rock Cakes	Fresh Fruit	Oat Biscuits	Fresh Fruit
LUNCH	INSET DAY	Cajun Chicken in a Tomato & Pepper Sauce	Roast Gammon with Parsley Sauce	Beef Jogan Josh Curry Naan Bread	Breaded Fish
		Vegetables in a Cajun Tomato Sauce	Vegetable and potato pie (mashed potato top)	Lentil & Vegetable Rogan Josh Curry & Naan Bread	Cheese & Onion Quiche
		New Potatoes Jacket Potatoes	Roast Potatoes Jacket Potato	Rice Jacket Potato	Chips Cheese Jacket Potato
		Carrots Mixed Vegetables	Cauliflower Savoy Cabbage	Mango Chutney Onion & Mint Salad	Baked Beans Peas
		Fresh Salad Bar Tuna & Red Onion Mayo	Fresh Salad Bar Sliced Ham	Fresh Salad Bar Sliced Cheddar Cheese	Fresh Salad Bar Egg Mayonnaise
DESSERT		Dutch Apple Shortbread Pie & Custard	Rice Pudding & Jam	Pineapple Upside Down Pudding & Custard	Chocolate Sponge & Chocolate Sauce
		Fresh Fruit Basket	Fresh Fruit Basket	Fresh Fruit Basket	Fresh Fruit Basket
		Yogurt	Yogurt	Yogurt	Yoghurt
AFTERNOON SNACK		Savoury Scones	Raspberry Muffins	Cheese Turnovers	
SUPPER		Pork Steak Mushrooms Peas Jacket Potatoes	BBQ Chicken Thighs Wraps Wedge Potatoes	Macaroni Cheese Bacon Tomatoes	

Menu is subject to change Please email or see Chef Shaun if you would like to see anything new on menus or have any Favourites you would like to see on menus.